

## Project Completion Status Report

### Basic Life Support/CPR Skilling Program for Youth @ Educational Institutions

Target Institution	Govt. /Aided HS Schools & Govt. Colleges.
District	Ernakulum & Thrissur
Proposed Number of Students to be Skilled	9600
Number of Students skilled	8015
Proposed Number of Institutes to be Covered	80
Number of Institutes Covered	66
Project Start Date	18 <sup>th</sup> November 2022
Project End Date	24 <sup>th</sup> March 2023

#### Implementing Partner



**SB Global Educational Resources Pvt Ltd**  
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### **CPR Skilling An Overview:**

CPR Cardiopulmonary resuscitation (CPR) — a lifesaving technique that is useful at times when someone’s breathing or heartbeat has stopped is known only to less than 2 percent of India’s population. Four out of 10 sudden cardiac arrest victims survive if CPR support is provided while waiting for emergency services to arrive. This program is designed as a preventive measure to skill youth in CPR/AED and Choking. The awareness of such skills is minimal among the youth.

Federal Bank Hormis Memorial Foundation a CSR Initiative of Federal Bank Ltd., initiated this healthcare awareness & Basic Life Support Skilling Program @ Educational Institutions in Ernakulam & Thrissur Districts as a pilot during November 2022.

### **CPR Skill Course Content:**

#### **Prevention and identification of Heart Attacks/Myocardial Infarction.**

- Identification of Cardiac Arrest and Respiratory Arrest.
- Cardio Pulmonary Resuscitation (CPR) for Adult
- Cardio Pulmonary Resuscitation (CPR) for Child
- Cardio Pulmonary Resuscitation (CPR) for Infant
- Use of AED
- Management of respiratory arrest
- Management of Choking

### **Ernakulum District CPR Skilling Program**

#### **Proposed Number of Institutions & Number of students to be skilled in Ernakulum District:**

Sl. No.	District	Proposed No. of Schools	Proposed No. of Colleges	Proposed Number of Institutions	No. of students proposed to be skilled
1	Ernakulam	21	24	45	5400

#### **Achieved Number of Institutions & Number of students skilled in Ernakulum District:**

Sl No.	District	Achieved No. of Schools	Achieved No. of Colleges	Total Number of Institutions Covered	Total No. of students skilled
1	Ernakulam	21	19	40	4856

The CPR Skilling program in Ernakulum was initiated with the inaugural function held on 18<sup>th</sup> November 2022 at St. Xavier's College for Women, Aluva.

The inaugural function was graced by the dignitaries:

- a. Mr. P.V Joy, SVP, Corporate Planning Dept., Federal Bank Ltd.
- b. Mr. Anil C.J, DVP II & Head CSR, Federal Bank Ltd.
- c. Prof. Milan France, Principal, St. Xavier's College for Women.
- d. Mr. R. Balachandran, CMD, SB Global Educational Resources Pvt. Ltd.

The function commenced with the lighting of lamp by the dignitaries. The program was inaugurated by Mr. P.V Joy, SVP, Corporate Planning Dept., Federal Bank Ltd. The Inaugural address by delivered by Mr. P.V Joy. The presidential address was delivered by Prof. Milan France, Principal, St. Xavier's College for Women. DVP II & Head CSR, Federal Bank Ltd., Mr. Anil C.J addressed the students. Chairman & Managing Director Mr. R. Balachandran, SB Global Educational Resources Pvt. Ltd., the implementing partner of the program also addressed the gathering.

**Glimpses of the Inaugural function:**





**CPR Program Conducted Institutions List:**

<b>_Sl. No.</b>	<b>Institution</b>	<b>No. of students skilled</b>
1	St. Xavier's College for Women, Aluva, Ernakulam	133
2	SN HSS, North Paravoor, Ernakulam	124
3	Govt Polytechnic, Kalamassery, Ernakulam	152
4	St. Peter's College, Kolenchery, Ernakulam	122
5	Morning Star Home Science College, Angamaly South, Aluva	120
6	Govt: HSS, Cheranalloor, Perumbavoor.	119
7	Marthoma College for Women, Perumbavoor	139
8	SH College, Thevara	116
9	St. Teresa's College	132
10	MES College, Marampally	120
11	Govt: Polytechnic for Women, Kalamassery	62
12	Govt : HSS for girls, Aluva	129
13	Govt HSS, Changamanadu	121
14	Govt Boys HSS, Perumbavoor	120
15	Asramam HSS, PPerumbavoor.	118
16	St. Thomas HSS, Ayroor	119
17	Cardinal HS Thrikakkara	121

18	SN HSS Neelaswaram, Malayattoor	119
19	Our Lady of Fathima, Kumbalanghi	120
20	Sree Sankara Vidyapeedam, Valayanchirangara, Perumbavoor.	120
21	Govt HSS, Njarackal	124
22	Govt Girls HSS Mulanthuruthy	122
23	FISAT- Angamaly	66
24	St. Thomas GHS, Parumanoor	120
25	Govt. Poly Technic, Chellad	125
26	St. Alberts College, Ernakulam	160
27	VHSS Panangad	120
28	St. Joseph's High School Kidangoor	160
29	Holy Family High School Angamaly	161
30	K.P.M. Higher Secondary School, Poothotta	120
31	Sree Narayana Mangalam College, Maliankara	124
32	Sacred Heart Orphanage HS, Mookkannoor.	127
33	Mar Athanasius College (Autonomous) Kothamangalam	132
34	Aquinas College, Edakochi	134
35	Govt. College – Manimalakunnu, Ernakulam	60
36	SNM Training College, Moothakunnam	60
37	St. Joseph College of Teacher Education, Ernakulam	128
38	BPC College, Piravom	119
39	Govt. Model Engineering College, Thrikkakkara	130
40	Union Christian College, Aluva.	139

### **Thrissur District CPR Skilling Program**

#### **Proposed Number of Institutions & Number of students to be skilled in Thrissur District:**

Sl. No.	District	Proposed No. of Schools	Proposed No. of Colleges	Proposed Number of Institutions	No. of students proposed to be skilled
1	Thrissur	15	20	35	4200

#### **Achieved Number of Institutions & Number of students skilled in Thrissur District:**

Sl. No.	District	Achieved No. of Schools	Achieved No. of Colleges	Total Achieved Number of Institutions	Total No. of students skilled
1	Thrissur	11	15	26	3159

The CPR Skilling program in Thrissur was initiated with the inaugural function, held on 2<sup>nd</sup> December 2022 at Govt. Engineering College, Thrissur.

The inaugural function was graced by the dignitaries:

- a. Mr. Shaji K.V, VP & Regional Head, Federal Bank Ltd., Thrissur.
- b. Mr. Anil C.J, DVP II & Head CSR, Federal Bank Ltd.
- c. Ms. Ranjini Bhattathirippad, Principal, Government Engineering College, Thrissur.
- d. Mr. R. Balachandran, CMD, SB Global Educational Resources Pvt. Ltd.

The function commenced with the lighting of lamp by the dignitaries. The program was inaugurated by Mr. Shaji K.V, VP & Regional Head., Federal Bank Ltd., Thrissur. The Inaugural address by delivered by Mr. Shaji K.V. The presidential address was delivered by Ms. Ranjini Bhattathirippad, Principal, Govt. Engineering College. DVP II & Head CSR, Federal Bank Ltd., Mr. Anil C.J addressed the students. Chairman & Managing Director Mr. R. Balachandran, SB Global Educational Resources Pvt. Ltd., the implementing partner of the program also addressed the gathering.

**Glimpses of the Inaugural function:**









**CPR Program Conducted Institutions List:**

Sl. No.	Institution	No. of students skilled
1	Maharajah's Technological Institute, Chembukkavu, Opp. to museum Thrissur	112
2	Sri C. Achutha Menon Government College Kuttanellur	120
3	Govt.Engineering College	120
4	AKM HSS, Poochatty.	119
5	St. Augustine HSS, Kuttanelloor	120
6	Govt. Women's Polytechnic, Nedupuzha	120
7	Vimala college, Thrissur	120
8	Sreeekrishna College, Guruvayoor	138
9	Panjall HSS	124
10	Little Flower Convent Girls HSS, Chelakkara.	120
11	Christ college, Irinjalakkuda.	120
12	Prajyoti Niketan College, Pudukad.	126
13	KKTM Govt. GHSS, Kodungallur	120

14	CMS School, Thrissur	117
15	St Joseph's College Autonomous Irinjalakuda	109
16	St. Clares Convent Girls School, Paliyam Rd, Near Vadamakke Stand,	118
17	Govt. Arts & Science College, Ollur	115
18	Government Polytechnic, Kunnankulam	111
19	MES Asmabi College Vemballur, Kodungallur	121
20	Govt.Polytechnic, Chelakkara	121
21	St. Thomas College, Thrissur	110
22	Mar Dionysius College, Pazhanji -Kunnankulam	146
23	St. Aloysius College, Elthuruth, Thrissur	127
24	Sree Rama Govt. Polytechnic, Triprayar	120
25	Government Polytechnic, Koratty	120
26	Sree Narayana College, Nattika	145

The Skilling program was delivered by professional trainers. The youth at Institutions learned to apply the skills during emergency situations like cardiac arrest, choking, etc.,

**The trainees have acquired the following skills to manage emergency situations till medical support arrives:**

- Recognise an emergency situation
- Identify, assess, and minimise immediate hazards to self and others
- Assess the casualty and recognise the need for CPR
- Seek assistance from emergency services
- Perform CPR as per Guidelines
- Display respectful behaviour towards the casualty
- Accurately convey incident details to emergency services