

Final Report



CAREER AWARENESS & LIFE-SKILLS DEVELOPMENT PROGRAMME



A CSR Initiative of
ADANI FOUNDATION,
Adani Vizhinjam Port Private Ltd.

St. Mary's School,

Kottapuram



Contents

Executive Summary.....	1
The Project Overview.....	1
Pre-Training.....	2
Programme Outline	2
Broad Objective.....	2
Areas Covered	2
Approach Adopted	2
Training Content	3
Trainer Selection	3
Selection of Participants	3
Training Roll-out.....	4
Feedback from Students	6



Executive Summary

The Project Overview

The SPARK project is aimed at empowering the students of 9th and 11th standard of St. Mary's HSS, Kottapuram and to help them to choose the right course of study.

The project was offered for 200 Students based on an initial evaluation and selection. There were two batches of 9th standard and three batches for 11th Standard. Each batch was assigned an individual trainer for the complete project of 60 hours. There were trained back up trainers to meet any contingency.

The trainers were shortlisted and selected based on their active participation in the Two day Train-the-Trainer Programme at Vizhinjam. They were provided facilitator guide, session plans, power point presentations, collection of stories and activities to make the sessions live and active.

The sessions commenced on 13th Jan 2018 and the following schedule were religiously followed except for a variation in schedule at High school on 3rd February due to a competitive Hindi exams.

Schedule - 13/01/2018/- 20/01/2018/ - 26/01/2018 -27/01/2018 -03/02/2018 -10/02/2018 -13/02/2018 -17/02/2018- 24/02/2018

The students had demonstrated keen interest and have gained substantially in developing their social skills, knowledge of self, principles and value systems, improved awareness of various course and career options and

The smooth progress of the programme for some batches were affected by a few factors.

- The non-availability of staff/assigned class rooms at higher secondary school for the initial three sessions was a challenge.
- Non availability of overhead projector for SPARK classes at High school and Higher secondary school for the initial three sessions added challenge in delivery and planned flow of session.
- Following fourth day session the trainers were sharing the available facilities (2 functional projector for 5 batches among themselves)
- The punctuality of students of 11th standard has been a consistent area of concern, nevertheless those attending regularly were keen in benefitting from the class.

Highlights

- **Nine full days' sessions for 9th and 11th Standard.**
- **Dedicated & trained trainers for each SPARK Batch**
- **Noticeable and positive improvement in the students.**
- **Positive feedback from the students.**
- **Video recordings shared.**



Pre-Training

Programme Outline

Broad Objective

To enable students become aware of themselves – their strengths and weaknesses and to help them navigate the future using a moral compass. The programme will help them develop:

Social Skills

Principles and value systems to act as a moral compass

Awareness of various course and career options

Realistic Goals

Knowledge of Self

Areas Covered

Career Options

The students were exposed to a wide variety of different arts and science subjects

- their scope
- their limitations
- their potential
- advantages and disadvantages

Communication Skills

- Verbal, para-verbal and non-verbal communication
- Listening and Speaking
- Reading and writing

General Awareness

- The world around them...
 - ... their town
 - ... districts
 - ... states
 - ... the country
 - ... the world they live in
 - ... Discerning use of technology

Personal Awareness

- Understanding personal strength, weaknesses and working of improving self-esteem
- Developing a sense of purpose
- Envisioning the future
- Codifying Personal Value Systems

Critical Thinking

Forming own opinions based on:

- Understanding the message
- Applying the information
- Analysing and Evaluating the information

Interacting with the world around you

- Interpersonal Skills
- Teamwork
- Assertiveness

Department, Manners and Etiquette

- Common courtesies
- General behaviour
- Professionalism

Approach Adopted

The objectives were attained in a holistic manner. The training methodology included...

- ... Power point Presentations
- ... video clippings
- ... stories
- ... reading from autobiographies of well-known personalities from different fields
- ... listening to or reading interviews
- ... discussions based on reading or viewing
- ... Group / individual assignments
- ... Role-plays etc.
- ... Games / activities



Training Content

SB Global had prepared the training content consisting of the following:

- Participants' Handbooks
- Facilitators' Guides
- Presentations
- Videos etc.

Trainer Selection

The trainers were selected based on the passion, dedication and their active engagement in the Train the trainer programme conducted in December.

Selection of Participants

The students were selected based on Initial Evaluation. The students had to answer a set of general questions to assess their focus, self-awareness, prioritisation, value-systems etc. Students were split into two batches of ninth standard. Group 1 students had scored percentage over 50. Group 2 had 50 students with scores between 30-50%. Back up allotment was categorised in order to make up for any drop outs. Similarly three groups were formed for 11th standard based on their scores as Group 1, Group 2 and Group 3.

Training Roll-out

The training was conducted from 9.00 AM to 4.30 PM on all Saturdays and public holidays starting from 13th January. The schedule of 9 full day sessions till 24th February covered all the intended topics. The students were assessed in the beginning, middle and end of the program based on 11 criteria.



Class XI Batch 1



Class XI Batch 2



Class XIth Batch 3



Class IXth Batch 1



Class IXth Batch2



Self Analysis



Team work



Group Presentation



Outdoor activity



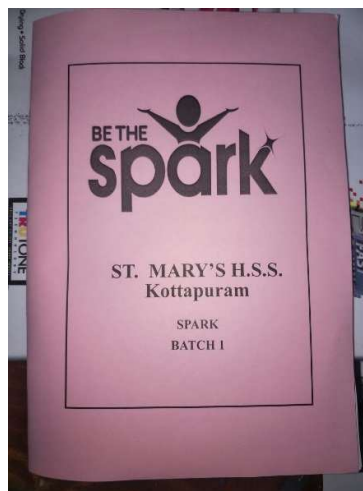
outdoor activity



Active Engagement



Creative Thinking



SPARK Magazine- A Student Initiative

Feedback from Students

The overall feedback is positive. 60% students showed regular attendance and valued the importance of the programme and showed remarkable difference in their personality development and clarity of goals.

- The students were enthusiastic and interested in the activity oriented approach of learning.
- The students found value addition in each class and showed regular progress in overcoming their stage fear.
- In the feedback, students have expressed their willingness to attend such sessions during their vacation time also.
- Many students have also expressed interest in getting trained in spoken English and Computer training.



-
- The trainers could see remarkable difference in the confidence and clarity of goals among the students.
 - Few strong transformation included students started realising their inner potential and strengths and have set goals like Wildlife Photographer, Marine Engineering, IPS, Navy.
 - Students who have attended majority of sessions have started exhibiting growth Mind-set.
 - The strengths and hidden talents of students were revealed.
 - Few students have consciously taken effort in reading Newspaper.
 - Separate SPARK magazine from 9th batch and 11th batch has been volunteered by the students.